



Opioid Prescription Contract

Opioid and Controlled Substances Agreement and Informed Consent

Opioid medications are used judiciously in the treatment of benign or malignant pain conditions. The following is an agreement and explanation of issues related to treatment of painful disorders through the use of opioid medications and/or other controlled substances. These medications include, but are not limited to, morphine (e.g. MS Contin, Kadian, MS IR), oxycodone (e.g. Percocet, Oxycontin, Roxicodone), hydromorphone (Dilaudid), hydrocodone (e.g. Vicodin, Lortab, Norco), propoxyphene (e.g. Darvocet), fentanyl (e.g. Duragesic patch, Actiq), methadone, codeine (e.g. Tylenol No. 3), benzodiazepines (e.g. Valium, Xanax), stimulants (e.g. Adderall, Ritalin), barbiturates (e.g. Floricet, Florinal), etc.

Side Effects & Risks

Because these medications are potentially dangerous, as are all medications, the side effects and risks are discussed with you at the beginning of the treatment and periodically thereafter. Side effects/risks include, but are not limited to, allergic reactions, sedation, somnolence, respiratory depression (i.e. slow breathing), dizziness, confusion, nausea, vomiting, urinary retention, suppression of menstrual cycle, hormonal imbalance, constipation, itching, physical dependence, tolerance, addiction, or death.

Caution:

Opioid medications may cause drowsiness. Alcoholic beverages are prohibited while using opiate/narcotic pain medications. Driving a car or operating machinery is not initially allowed while under the influence of these medications until a stable dose of these medications is obtained. Please notify your physician immediately if these medications affect your ability to drive or work safely. Usually, most side effects of opioid use disappear over time and with continued use, expect constipation. Bowel maintenance should be addressed seriously and treated if necessary. If the decision is made to terminate opioid therapy, a weaning schedule rather than an abrupt discontinuation of treatment should be exercised to prevent withdrawal symptoms (e.g. increased pain, agitation, nausea, diarrhea, etc.)

The following conditions must be followed and agreed upon as long as the patient is receiving treatment at Beach Cities Orthopedics & Sports Medicine. Noncompliance with any one of these conditions may result in discharge from the practice.

1. Your BCO physician must be the only source for the medications that were reviewed above. The patient may not obtain these medications from any other source or physician except when it is explicitly allowed and approved by your BCO physician.
2. The patient understands that the treatment goal is to improve the quality of life and ability to function and/or work. These parameters will be assessed periodically to determine benefits of opioid therapy and adjust the dosage accordingly.
3. The patient understands that he/she must take the medications as instructed and prescribed. Any change in dosing must be approved by your BCO physician.
4. The patient agrees to use only one pharmacy whose contact information and address the patient would provide to your BCO physician. If for any reason another pharmacy is to be used (e.g. unavailability of a certain medicine), the patient should notify your BCO physician.

Pharmacy: _____

Telephone: _____

5. **Lost or stolen prescriptions or medications will NOT be replaced.** It is the patient's responsibility to ensure that prescriptions are filled correctly at the pharmacy. If the patient realizes a medication is lost, stolen, or misplaced, a police report must be filed, and the case number should be given to your BCO physician.
6. To ensure efficacy of treatment and monitoring purposes, the patient should keep all recommended appointments.
7. **Narcotic prescriptions will not be given over the phone, after hours, during weekends, or holidays.** If there is a need to change any narcotic prescription, a new appointment needs to be made.
8. Your BCO physician has the right to directly communicate with other healthcare providers and pharmacies regarding the patient's use of controlled substances.
9. Opioid therapy usually is only part of the overall treatment plan. The patient shall comply with all other treatments as outlined by their physician at BCO.
10. The patient may be asked for urine and/or blood screening tests as well as random pull count. Failure to comply with this results in immediate discharge from the practice.
11. The patient understands that it is illegal and absolutely forbidden to share, sell, or trade any opiate medication with anyone.
12. Patient understands that the results of urine/blood testing can be given to the patient's other healthcare providers, insurance company, or other reimbursing agencies. The patient also authorizes any other healthcare provider, pharmacy, law enforcement, or judiciary body to release any pertinent information regarding the patient's prescription or urine/blood screen results.
13. The patient understands to notify BCO physician immediately if there is a chance you could be pregnant or nursing now, or if you become pregnant in the future.
14. The patient understands our staff expects to be treated with respect and courtesy. Rudeness and/or abusive behavior toward our staff will not be tolerated and may result in dismissal.
15. The patient understands any time you receive an increased dose of your opiate (narcotic) medications, you will be expected not to drive or operate machinery for 7 days.
16. Patient agrees that any use of illicit substances (marijuana, cocaine, etc.) during treatment is strictly prohibited, and if identified during a urine test will result in discharge of patient from the clinic.

I, the undersigned, attest that the above was discussed with me, and I fully understand and agree to all of the above requirements and instructions. I also understand that failure to comply with the above can result in my discharge from your BCO physician.

Patient Name: _____ Patient Signature: _____ Date: _____

Physician Name: _____ Physician Signature: _____ Date: _____